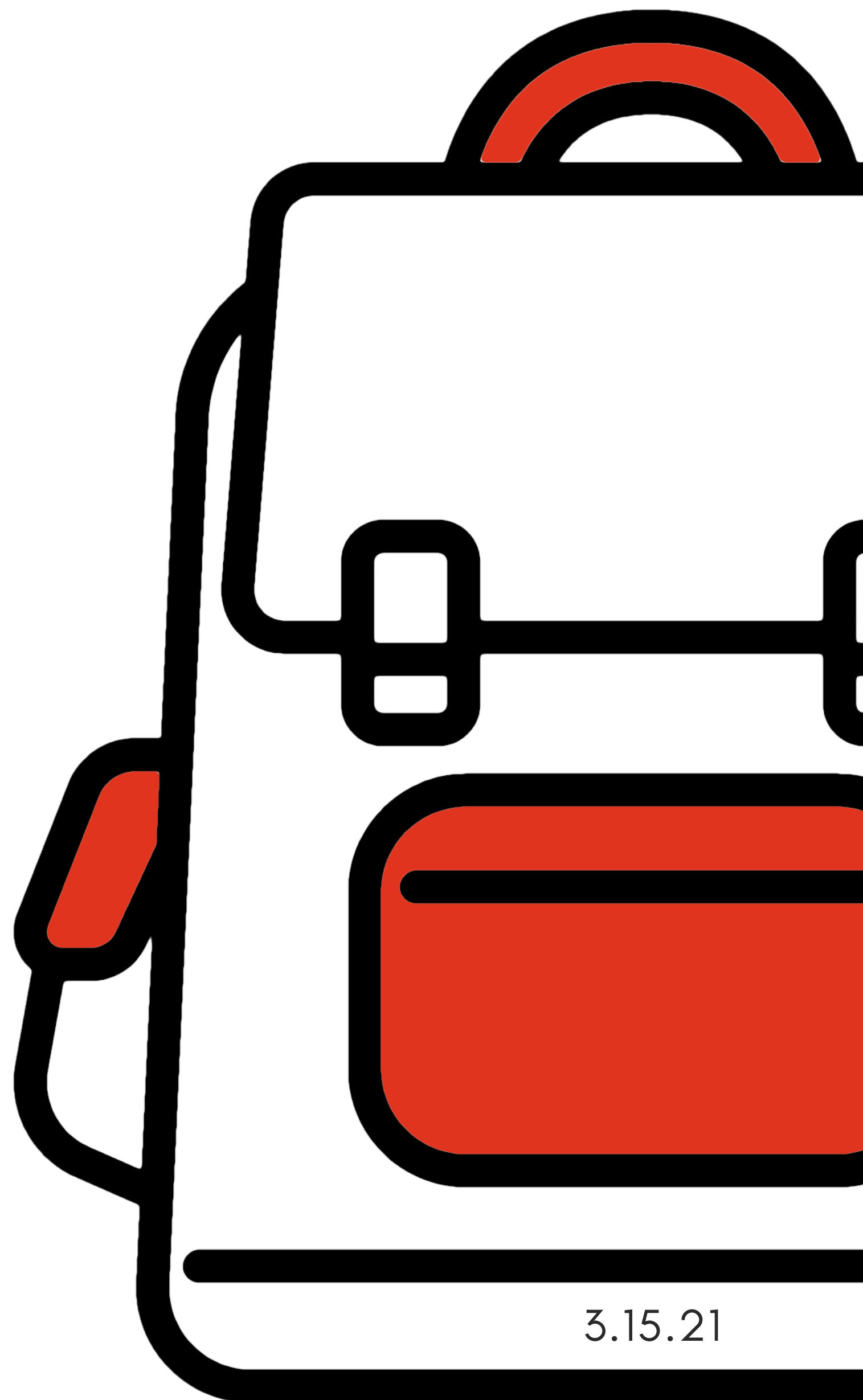


Emergency  
Preparedness  
for Households

# GET READY IN 3 STEPS

**Developed by A.D.A.P.T.  
Atherton Disaster and  
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# STEP 1

# MAKE A PLAN

Fill in the blanks on the Family Emergency Plan template so that everyone in the household can agree on what to do in the event of a major emergency.

Once complete, print out several copies – one for each family member and one to keep with your emergency supply kits.



# Family Emergency Plan for \_\_\_\_\_

Where will you go if you have to evacuate? How will you communicate if you're separated and phones aren't working? See below and decide on these items now; you won't have time to discuss them in the middle of a disaster.

## Your Home

### Escape Routes

Have you identified escape routes for every room? How many ways can you evacuate from a second story room? Note possible escape routes here.

### Utility Shutoffs

Where are your utility shutoffs located? Do you know how to turn them off safely in what circumstances? Water: check the walls facing the street. Electricity: find your circuit breakers. Gas: look outside. Important: only shut off the gas if you suspect a leak, and *never* try to turn it back on; instead, call PG&E.

### Emergency Supply Locations

Where are Bug Out Bags and Home Essentials kept? Which cars have emergency kits? (See Step 2.)

## Your Neighborhood

### Emergency Assembly Points

Which EAP will you visit once your family is safe? See all EAPs at [www.getreadyatherton.org](http://www.getreadyatherton.org).

### Neighbors

Who in your neighborhood has equipment or resources that might be helpful (medical skills, etc)? Who might need extra support to stay safe? List the names, addresses, and phone numbers for those who may give or need help. Also note your Area Coordinator's info - see [www.getreadyatherton.org](http://www.getreadyatherton.org).



## Evacuation Plan

### Pre-Evacuation

Before you receive an evacuation warning or order, what will you pack and do? Recommendations: put your Bug Out Bags in your car along with your grab-and-go items (wallet, keys, phone, laptop); park in your driveway facing out; change into sturdy clothes; prepare your pets, etc.

### Evacuation

If you are subject to an Evacuation Warning or Order, your plan should be to get in your car and leave immediately. Listen to the radio and follow all emergency instructions.

### Destinations

Once you're out of the area, what local hotels might you go to? Write down a few options, plus the addresses of friends who live near you.

## Communication Plan

### Out-of-Area Contacts

If family members are separated and local lines are down, who can you contact to help relay information? Note 1-2 out-of-area contacts, and also add them to your phones. Also decide where you'll post updates (e.g., on Facebook and Safe & Well). Add a page with friends and family contact info.

### Phone Numbers

In an emergency, Dial 911. Write down others you may need. Atherton Police Dept is at (650) 688-6500.

### Radios

Does your family have emergency two-way radios? Note channels and other info. Also know the local AM/FM radio stations: KCEA 89.1 FM, KCBS 106.9 FM/740 AM, KGO 810 AM, and KNBR 680 AM.

***Make copies of the finished plan - one for each family member and one for each supply kit.***

# STEP 2

# GET SUPPLIES

It starts with the basics: food, water, and shelter. Add essential equipment and customize.

Make sure each person has a Bug Out Bag and that there's a specific location in your home for Home Disaster Essentials.

# Bug Out Bag

Every person needs their own Bug Out Bag, marked with their name and stored in an easy-to-grab location at the house. Simply pack the items below into a waterproof backpack, or get a premade basic emergency kit, and supplement as needed.

Food, Water & Shelter	
<input type="checkbox"/>	Shelf-stable drinking water
<input type="checkbox"/>	Water purification tablets
<input type="checkbox"/>	MREs & protein bars
<input type="checkbox"/>	Emergency blanket & poncho
<input type="checkbox"/>	Work gloves
Equipment & Tools	
<input type="checkbox"/>	Radio & phone charger
<input type="checkbox"/>	Whistle
<input type="checkbox"/>	Headlamp & extra batteries
<input type="checkbox"/>	Glow sticks
<input type="checkbox"/>	Multi-tool
Health & Hygiene	
<input type="checkbox"/>	Medical kit
<input type="checkbox"/>	Hygiene & COVID-19 kit
<input type="checkbox"/>	Medications
<input type="checkbox"/>	Eyeglasses
Other	
<input type="checkbox"/>	Copy of ID & other documents
<input type="checkbox"/>	Child & pet care items
<input type="checkbox"/>	Other essentials as needed



# Home Disaster Essentials

Every household should have enough emergency supplies on hand so that the entire family can be self-sufficient for 7 days. Store your supplies in waterproof bins in a cool, safe location. Start with the items on the checklist below, and continue to build.

Food & Water	
<input type="checkbox"/>	Long-term water storage
<input type="checkbox"/>	Canned food & can opener
<input type="checkbox"/>	Shelf-stable food & MREs
Health & Safety	
<input type="checkbox"/>	Heavy-duty medical kit
<input type="checkbox"/>	Escape ladder (if needed)
<input type="checkbox"/>	Generator & fuel (if needed)
Backup Shelter	
<input type="checkbox"/>	Tent & tarps
<input type="checkbox"/>	Sleeping bags & blankets
<input type="checkbox"/>	Folding chairs & table
Other	
<input type="checkbox"/>	Long-term sanitation kit
<input type="checkbox"/>	LED lanterns & extra batteries
<input type="checkbox"/>	Other essentials as needed



***For more recommendations, please visit [www.getreadyatherton.org/get-supplies](http://www.getreadyatherton.org/get-supplies).***

# **STEP 3**

# **KNOW HOW TO RESPOND**

Follow the suggestions on our Disaster Response Tip Sheet to make sure you're ready to respond in the event of a local disaster.





# Disaster Response Tip Sheet

Here's how to get connected into local resources in advance of an emergency, and an action plan to follow during an emergency.

## Before an Emergency - Connect with Local Resources

### SMC Alert

SMC Alert provides immediate notifications about emergencies near you. It is highly recommended that all household members sign up.

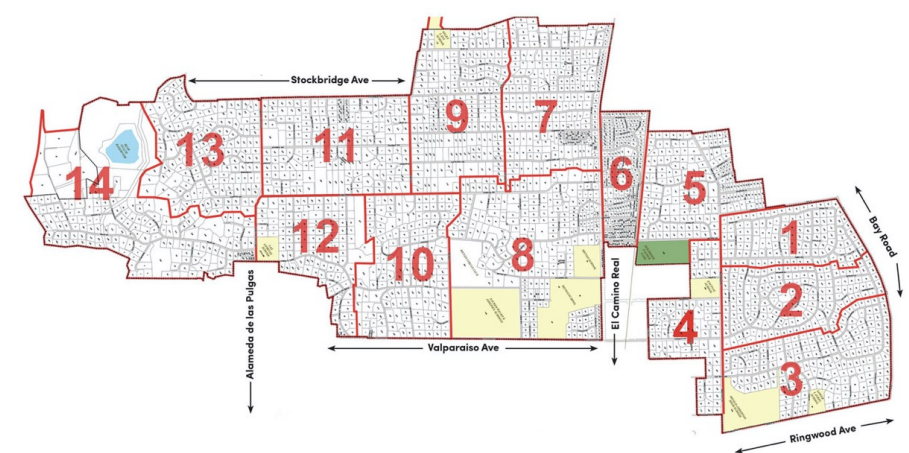
[www.smcalert.org](http://www.smcalert.org)



### Area Coordinators

An Area Coordinator is the neighborhood's main point of contact in a disaster. Make sure your Area Coordinator knows how to reach you in case of an emergency.

[www.getreadyatherton.org](http://www.getreadyatherton.org)



### Ongoing Training

Attend an Atherton community meeting

[www.getreadyatherton.org/events](http://www.getreadyatherton.org/events)

Join the Community Emergency Response Team

[www.menlofirecert.com](http://www.menlofirecert.com)



## In an Emergency - Have an Action Plan

### First, Yourself and Your Family

1. Check your personal health condition
2. Assemble your family
3. Perform any necessary first aid
4. Organize your family members
5. Create communications network
6. Check on your pets
7. Perform property reconnaissance
8. Move car (w/ supplies) to driveway facing out
9. Decide whether to evacuate or stay
10. Prepare your backyard campout for 7 days

### Second, Your Neighborhood

1. Evaluate neighborhood, report to EAP
2. Assemble at EAP
3. Assign a scribe/recorder
4. Set up your EAP
5. Organize your overall response teams
6. Set up communication roles and network
7. Perform neighborhood reconnaissance
8. Set up traffic/crowd control and security
9. Prepare neighborhood shelter and rapid response teams for 7 days

***For more recommendations, please visit [www.getreadyatherton.org/respond](http://www.getreadyatherton.org/respond).***