



Basic First Aid in a Large-Scale Disaster

Below is an outline of the first aid topics covered in June 2021 A.D.A.P.T. Advanced Training. A.D.A.P.T. is grateful to Dr. Barbara Kostick for the presentation and content.

- **Communication**

- **Triage & Assessment**

- **Five most common injuries in large-scale disasters**

1. Burns

- Evaluating the depth of thermal burns
- Burns to treat vs. burns to transport
- Treatment & follow-up care

2. Fractures

- Evaluating types of fractures
- Red flags
- Acute Compartment Syndrome (ACS)

3. Bleeding

- Symptoms & care
- Evaluating blood loss

4. Shock

- Traumatic hemorrhage as cause
- Hemorrhage definitions
- Recognizing & managing shock

5. Head Injury

- Traumatic Brain Injury (TBI)
- Closed head injury
- Primary & secondary traumatic brain injury

- **Afterwards**