



A.D.A.P.T. COVID-19 Response

Approved and Supported by the Town of Atherton Chief of Police, Steve McCulley

Deployed: March 15, 2020 Atherton cases: 13

Deactivated: June 3, 2020

Updated: February 6, 2021 Atherton cases: 165

Atherton Population: 7,147 % Cases per Atherton Population: 2.3%

Background

- For confirmed coronavirus disease 2019 (COVID-19) cases, reported illnesses have ranged from mild symptoms to severe illness and death.
- CDC believes at this time that symptoms of COVID-19 may appear in as few as 2 days or as long as 14 days after exposure. This is based on what has been seen previously as the incubation period of MERS-CoV viruses.

Develop a neighborhood network for aid and assistance with backup support

Check in neighbors twice a week on predetermined days

Receive request for aid and assign responder

Triage individual's condition

Determine symptoms and whether they should call doctor*

Malaise

Fever

Cough and sore throat

Sweating

Shortness of breath when moving about

Headache

Determine symptoms and whether to call 911*:

Malaise

Fever

Cough and sore throat

Sweating

Shortness of breath when laying down

Severe headache

Restricted ability to move out of bed



Get food, sanitation and flu applications requests from your neighbor:
Fruits, vegetables, fluids, microwaveable meals, easy to prepare meals
Emergen-C, cough suppressant, sleep aids, Airborne, Zycam
Disinfecting agents, sanitizers

Notify your neighbor by phone and email that you are bringing requested items

Knock or ring bell with prearranged number of knocks or rings

Leave bags of requested items at doorstep
Do not enter home or apartment and stay clear of infected neighbor

Return home and call neighbor to confirm delivery

Remain in touch with the neighbors you have assisted

If you cannot aid your neighbor, notify your Area Coordinator who will coordinate other assistance

Area Coordinators can call Atherton dispatch if severity of neighbor situation warrants

Disinfecting Agents for A.D.A.P.T.ers
(not in order of efficacy)

- Alcohol
- Alcohol-based wipes
- Baking soda
- Clorox
- Hydrogen peroxide
- Lysol/Pinesol
- Vinegar

A.D.A.P.T. COVID-19 PPE

- N95 or other masks (where available)
- Nitrile exam gloves (where available)
- Hand sanitizer

Recommendations for all A.D.A.P.T.ers

- Lots of rest
- Appropriate medication (doctor's advice in acute cases)
- Sufficient hydration
- Isolation from friends and family as practical possible
- Contact doctor if symptoms become severe
- Maintain care support team/network for triage, aid and assistance
- Boost Oxygen

* *Source: CDC, NIH, John's Hopkins Medical*