

# Bug Out Bag

Every person needs their own Bug Out Bag, marked with their name and stored in an easy-to-grab location at the house. Simply pack the items below into a waterproof backpack, or get a premade basic emergency kit, and supplement as needed.

Food, Water & Shelter	
<input type="checkbox"/>	Shelf-stable drinking water
<input type="checkbox"/>	Water purification tablets
<input type="checkbox"/>	MREs & protein bars
<input type="checkbox"/>	Emergency blanket & poncho
<input type="checkbox"/>	Work gloves
Equipment & Tools	
<input type="checkbox"/>	Radio & phone charger
<input type="checkbox"/>	Whistle
<input type="checkbox"/>	Headlamp & extra batteries
<input type="checkbox"/>	Glow sticks
<input type="checkbox"/>	Multi-tool
Health & Hygiene	
<input type="checkbox"/>	Medical kit
<input type="checkbox"/>	Hygiene & COVID-19 kit
<input type="checkbox"/>	Medications
<input type="checkbox"/>	Eyeglasses
Other	
<input type="checkbox"/>	Copy of ID & other documents
<input type="checkbox"/>	Child & pet care items
<input type="checkbox"/>	Other essentials as needed



# Home Disaster Essentials

Every household should have enough emergency supplies on hand so that the entire family can be self-sufficient for 7 days. Store your supplies in waterproof bins in a cool, safe location. Start with the items on the checklist below, and continue to build.

Food & Water	
<input type="checkbox"/>	Long-term water storage
<input type="checkbox"/>	Canned food & can opener
<input type="checkbox"/>	Shelf-stable food & MREs
Health & Safety	
<input type="checkbox"/>	Heavy-duty medical kit
<input type="checkbox"/>	Escape ladder (if needed)
<input type="checkbox"/>	Generator & fuel (if needed)
Backup Shelter	
<input type="checkbox"/>	Tent & tarps
<input type="checkbox"/>	Sleeping bags & blankets
<input type="checkbox"/>	Folding chairs & table
Other	
<input type="checkbox"/>	Long-term sanitation kit
<input type="checkbox"/>	LED lanterns & extra batteries
<input type="checkbox"/>	Other essentials as needed



*For more recommendations, please visit [www.getreadyatherton.org](http://www.getreadyatherton.org).*