



**A.D.A.P.T.**

# What To Do When Disaster Strikes

November 7, 2020

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# Meeting Agenda

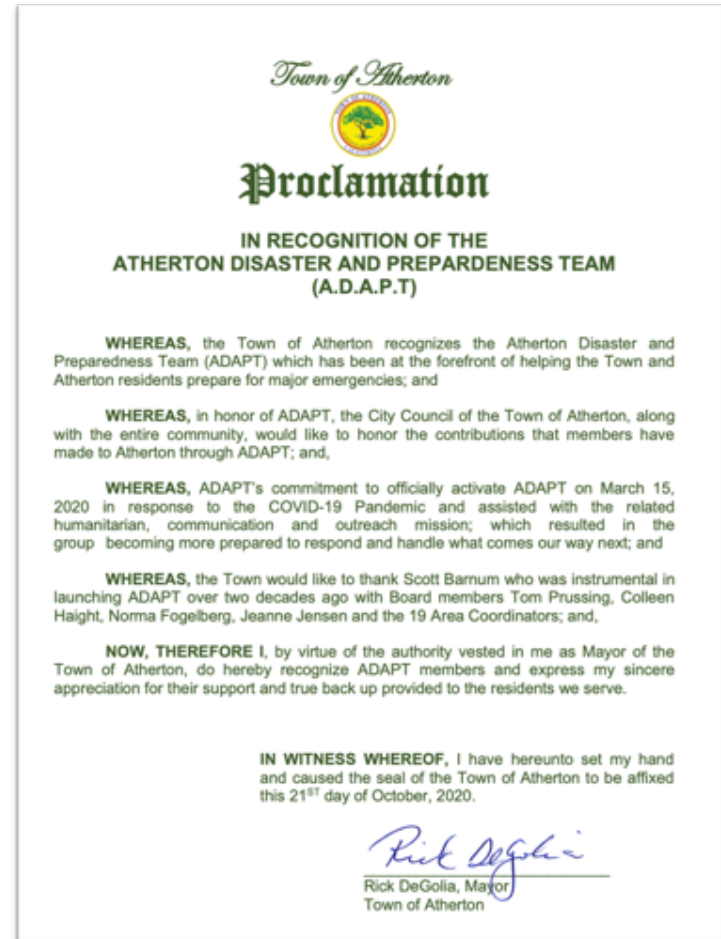
- Welcome & Introductions
- Updates from Atherton P.D. and A.D.A.P.T.
- “What To Do When Disaster Strikes”
- Q&A
- Wrap-Up

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# Welcome

- About A.D.A.P.T.
- New Board members
- TOA proclamation
- End-of-year giving





# Atherton Police Department



Tom Prussing  
A.D.A.P.T. President



# What To Do When Disaster Strikes

For more information see  
[www.getreadyatherton.org/respond](http://www.getreadyatherton.org/respond)



# Intro to Disaster Response

- Before a disaster
  - Plan & prepare
- During/after a disaster
  - First, take care of yourself
  - Second, take care of your family
  - Third, take care of your neighbors

**Family Emergency Plan**

**Emergency Supplies**  
Location of emergency "Go Bags"  
Location of family disaster supplies

**Contact Information**  
Out-of-state contacts  
Neighbors

**Emergency Supplies: Bug Out Bag**

A.D.A.P.T. recommends that each household member have their own Bug Out Bag in case of an emergency. Simply pack the items on this page into a waterproof backpack – or get a premade basic emergency kit – then add personal items and Add-Ons from the next page. Bug Out Bag contents are also appropriate for a Totebag kit that stays inside your vehicle.

BASIC ITEMS	
Air	<input type="checkbox"/> N95 surgical masks
Outer	<input type="checkbox"/> Emergency blanket & poncho
	<input type="checkbox"/> Work gloves
Water	<input type="checkbox"/> Small-state drinking water
	<input type="checkbox"/> Water purification tablets
Food	<input type="checkbox"/> MREs & protein bars
Communication	<input type="checkbox"/> Radio & phone charger
	<input type="checkbox"/> Whistle
Lighting	<input type="checkbox"/> Headlamp & extra batteries
	<input type="checkbox"/> Glow sticks
First Aid	<input type="checkbox"/> Medical kit

Basic Emergency Kit



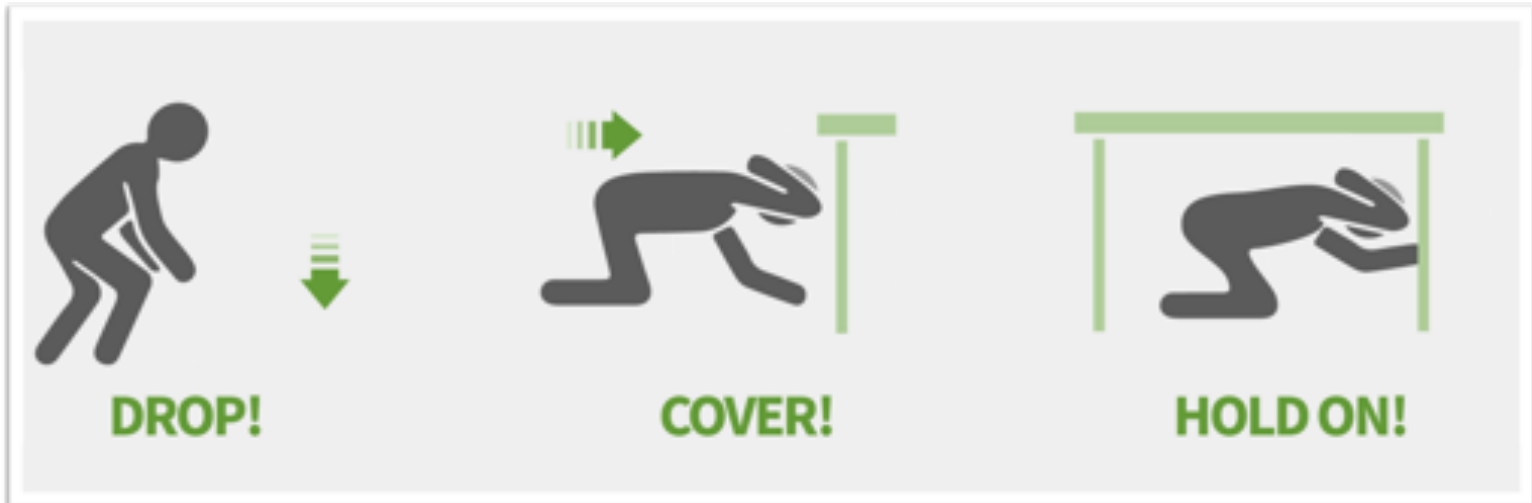
## “First, Yourself”

1. Get safe immediately
2. Check personal health condition
3. Put on clothing that will last 24 hours
4. Relocate to an even safer location





# What to do in an Earthquake



Using a Wheelchair?

Using a Walker?



LOCK!



LOCK!



# What to do in an Earthquake

- In a car: Pull over, stop, set parking brake.
- In bed: Face down, cover head/neck with pillow.
- Outdoors: Stay away from buildings.
- Inside: Stay inside (if safe), avoid doorways.
  
- EXPECT AFTERSHOCKS



# What to do in a Home Fire

- Call 911
- Stay low, check door temperature
- Evacuate quickly and do not re-enter
- Remember: stop, drop & roll





# What to do in a Power Outage

- Keep freezers and refrigerators closed.
- Use a generator, but **ONLY** outdoors and away from windows. Never use a gas stove or oven to heat your home.
- Disconnect appliances and electronics to avoid damage from electrical surges.
- Have alternate plans for refrigerating medicines or using power-dependent medical devices.
- If safe, go to an alternate location for heat or cooling.



## “Second, Your Family”

If not evacuating...

1. Assemble your family
2. Perform triage/first aid (supplies on hand)
3. Organize & assign tasks
4. Set up communications (FRS/GMRS family radio net)

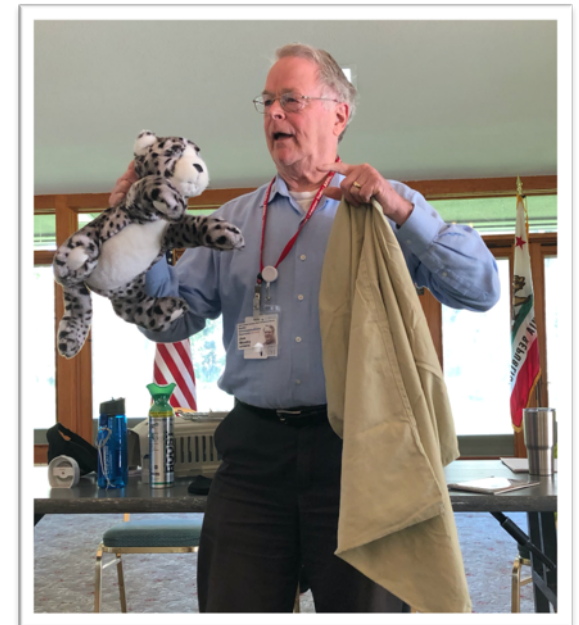
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## “Second, Your Family”

5. Check on your property & your pets
6. Move car to driveway facing out
7. Check in with out-of-state contact
8. Prepare shelter





# Property Check – What To Look For

- Gas leaks (turn off if smell gas or impending fire)
- Fire (extinguish if you can)
- Water leaks
- Electrical panel
- Downed power lines
- Structural damage (slanted structure, damaged roof, unstable trees)





## “Third, Your Neighbors”

1. Evaluate neighborhood, report to EAP
2. Assemble & assign roles (I.C., scribe)
3. Set up your EAP
4. Organize your response teams
5. Set up communication roles & network
6. Perform neighborhood reconnaissance
7. Set up ongoing traffic & crowd control
8. Prepare to shelter for seven days







# Summary

- Order of response:
  - First, yourself
  - Second, your family
  - Third, your neighbors
- Disaster response success factors:
  - Plans & supplies are in place
  - Neighbors work together



Q&A



## Wrap-Up

- Don't forget to sign up for SMC Alert  
– [www.smcalert.info](http://www.smcalert.info)
- Visit A.D.A.P.T. online at  
– [www.getreadyatherton.org](http://www.getreadyatherton.org)
- Celebrate with us on December 5th!

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Thank you and see you on December 5th!

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